

Portfolio Sample - Brandon S. Fields

**THREE FORKS BAPTIST ASSOCIATION
BRAZILIAN MISSION TRIP 2005**

JUNE 6 - 17

Please Pray for Jim & Shelby Castlen, Carmen Maggard, Charley Faria, Debbie Morgan, Dr. Bill Mackey, Crystal L. Barger, Lorene & Doug Horsfield, Clyde Smith, and Jose Monteiro (not pictured)

Psalms 2:8 - Ask of Me, and I will give You the nations for Your inheritance, and the ends of the earth for Your possession

**THREE FORKS BAPTIST ASSOCIATION
AFRICAN MISSION TRIP 2008**

Please Pray for Byron Brashear, Justin Brashear, Jim Castlen, James Fields, & Danny France, as they travel to Tanzania, Africa

MAY 28 - JUNE 13

"Declare His glory among the nations, His wonders among all peoples." - Psalm 96:3

**THREE FORKS BAPTIST ASSOCIATION
MEXICAN MISSION TRIP 2009**

Please pray for Jim & Shelby Castlen, Lawrence & Martha Baldrige, Cova & Carmen Maggard, India Barger, Dwayne Wooton, Daryl Jessie, & Debbie Morgan as they travel to Morelia, Mexico

July 3-10

"We have this treasure in earthen vessels... that the power may be of God and not of ourselves." 2 Corinthians 4:7

**THREE FORKS BAPTIST ASSOCIATION
Romania Mission Trip 2010**

Please pray for Jim & Shelby Castlen, Gwen Whitaker, Christy Sturgill, Lawrence & Martha Baldrige, Carmen Maggard, Margo Sparkman, Joy Fields, & Debbie Morgan as they travel to Bucharest, Romania

July 15 - 24

"Pray for us, that whenever we speak, God will strengthen us in sharing the mystery of the gospel." Ephesians 6:19

MUNCY CREEK
baptist church

18935 Highway 421 • PO Box 117 • Hyden, KY 41749 • (606) 672-5139

Ben Swenson, *Pastor*

phone: 606.275.9474 • email: bswensonccb@yahoo.com

THAT IF THOU SHALT
CONFESS WITH
THY MOUTH
THE LORD JESUS
AND BELIEVE IN THINE
HEART GOD
HATH RAISED
HIM FROM THE DEAD,
THOU SHALT BE
SAVED

ROMANS 10:9

Strike Up the Band **1**

Alli is turning...

Saturday, November 7, 2009 @ 1:00pm
@ Muncy Creek Baptist Church

Journey to the Past

- Born: Friday, November 7, 2008 at 8:31AM
- Weight: 8 lbs and 10.6 oz
- Length: 18 1/2 inches long
- Came Home: Sunday, November 9, 2008 at 12:30PM
- First Church Service: Sunday, November 9, 2008 at 12:30PM
- Smiled My First Smile: November 16, 2009
- Rolled Over from Belly to Back: December 3, 2008
- First Party (Dad's 30th and Super Bowl): December 27, 2008
- Rolled Over from Back to Belly: February 1, 2009
- First Newspaper Appearance: February 26, 2009
- Slept through the Night: March 5, 2009
- Dedication Service at Muncy Creek Baptist Church: March 8, 2009
- Said Da-Da: Friday, November 7, 2009
- Crawled: May 3, 2009
- First Tooth: May 7, 2009
- Pulled Up: May 9, 2009
- Said Ma-Ma: July 1, 2009
- Rolled Off the Bed: July 4, 2009
- First Swimming Experience: July 10, 2009
- First Steps: August 10, 2009
- First Baby Music Class: September 14, 2009
- First Birthday: November 7, 2009

What's gonna work??
TEAMWORK!!

Help the Wonder Pets save the Birthday Party!

WONDER PETS!

Come celebrate Alli's 2nd Birthday on
Saturday, November 6th @ 1pm
Muncy Creek Baptist Church
Fellowship Hall



Lest We Forget...

Remembering
SEPTEMBER 11

BRANDON S. FIELDS © 2008





Beyond the FRONTIER

SPRING | 2009

a Rich Heritage & Bright Future

CELEBRATING 70 YEARS

Plus... One-on-One | Leading by Example | Celebrating 10 Years of the CFNP

FRONTIER SCHOOL OF MIDWIFERY & FAMILY NURSING

THE FRONTIER SCHOOL: a Rich Heritage & Bright Future

BY MICHAEL CLAUSSEN

Every day the Frontier School of Midwifery and Family Nursing (FSMFN) strives to fulfill its mission to provide a high quality education that prepares nurses to become competent, entrepreneurial, ethical and compassionate nurse-midwives and nurse practitioners who will provide primary care for women and families residing in all areas with a focus on rural and medically underserved. As the Frontier School celebrates its 70th Anniversary, let's take a glance at the landmarks that shaped the rich heritage of the Frontier School of Midwifery and Family Nursing and discuss why our distance learning model of nursing education is the best way to prepare nurse practitioners and nurse-midwives for the 21st Century.

PART I: The Need - 1939

In 1939, Mrs. Breckinridge wrote in the Quarterly Bulletin of the crisis that the Frontier Nursing Service was facing in the wake of the start of the Second World War.

"The declaration of war in Europe hit the Frontier Nursing Service an almost staggering blow, and at the same time forces upon us the necessity of immediately training graduate nurses in our own frontier technique, which includes midwifery."

Mrs. Breckinridge created a three-point program when she began her work in Kentucky in 1925. The first part was to choose an inaccessible, isolated and remotely rural location for her demonstration project. She chose Leslie County for several reasons. There were no roads within sixty miles of Hyden, the county seat of Leslie County. The only transportation was by horseback or muleback. A flatbed boat was often used as an ambulance to cross the Middle-Fork of the Kentucky River. Also, the Breckinridge name was very well known in Kentucky. The second part of her plan was to open up the work on an international basis to men and women for study and observation. The third part of the plan was to train American Graduate Nurses in midwifery and in the Frontier techniques to meet the demands of the FNS and for other organizations.

Before the start of the Second World War, nurses were sent to Great Britain to be trained as midwives. With several of the British nurses leaving Kentucky to return to their own country, the need to take action to ensure the healthcare requirements of the service area of the FNS were met started the movement to open the Frontier Graduate School of Midwifery. On November 1, 1939 the School of Midwifery opened with only two students. The 26-week course gave graduate nurses through training in midwifery and rural techniques. Also during World War II, at the urging of Mary Breckinridge, the University of Kentucky began a program in nurse-midwifery. These schools ensured a supply of trained nurse-midwives for the FNS, and also began to spread nurse-midwifery to other parts of the United States.

WWW.FRONTIERSCHOOL.EDU

Celebrating 10 YEARS OF THE Community-Based Family Nurse Practitioner (CFNP) Track

FSMFN introduced the CFNP Track to the MSN Program in 1999 and has since graduated over 150 Family Nurse Practitioners! FSMFN currently admits 50% of its total enrollment to the FNP Specialty Track. We are excited to see this track continue to grow! Here are just few of the stories of the graduates from the FNP Specialty Track.

BY JULIE MARTELL, DNP, FNP, CHAIR OF FAMILY NURSING

Jamie Newsome, CFNP Class 48, decided to pursue nursing with a main goal being starting a clinic in his hometown of Dorton, Kentucky. He explains that "there were a few clinics here, but for some reason they closed. I thought a Nurse Practitioner run clinic would be an economical way to serve our community." Jamie opened Sterling Primary Care Clinic in July 2008, operating as the only FNP-run clinic in his community.

Cathy Fliris, FNP-C, CFNP Class 5, upon graduation from Frontier School of Midwifery and Family Nursing in 2003, headed to Lusk, Wyoming to work in their new Critical Access Hospital and Rural Health Clinic to fulfill her National Health Service Corps Scholarship obligations. She is still practicing in the same small ranching community nearly 5 years later. She has provided a wide range of services from emergency room (90 minutes by helicopter to the nearest large hospital), acute hospital care, family practice clinic, long term care, and prison...health at the nearby Wyoming Women's Center in Lusk. Always looking for another challenge, she is halfway through a Doctorate in Nursing Practice program from Rocky Mountain University of Health Professions, with a special capstone interest in heart failure disease management.

Leslie Curry, CFNP Class 50 is working as a Family Nurse Practitioner in southern Illinois. Leslie writes: "I was so intrigued by the history of the school and the things that Mary Breckinridge did for and rural health in America that I wanted whatever I could do to carry on that tradition where I live. When I went to Hyden for Frontier Bound, I was completely amazed at how welcoming the faculty and staff were and how everyone's goal was to see every student become a success in their field. I am thankful everyday for the faculty and staff at the FSMFN for helping me become a successful FNP that I have become. I now have my own clinic in rural southern Illinois where I see mostly women and children, but I do care for all ages and walks of life. My most recent venture was working with the local hospital to assist them setting up outreach clinics in our area just as FSMFN has done in and around the town of Hyden. We now have two clinics set up in rural areas of our community and I continue to tell stories of my venture through FSMFN. I also encourage every nurse that I come in contact with to continue their education to become a FNP, WHNP or a CNM and to do so through Frontier so that they too can carry on the tradition of the Frontier family."

Grand Opening Leslie Curry, MSN, APRN, FNP-BC will begin seeing patients on July 28th

OFF THE MAP, under THE VOLCANO, & above THE CLOUDS

AN ESSAY BY SARAH UDEGRAFT, CNEP CLASS 50

We saw and experienced so many things during our brief time in Guatemala...the beauty of Antigua and the harshness and brutality of life in the villages. We saw and felt the intense love and struggle of the people to continue - always adelante y nunca detras! We experienced kindness, generosity, and openness that is difficult to fully describe. We were welcomed into people's homes, and they willingly shared their lives - and tortillas - with us. We listened with aching hearts to each mother's story of loss, and we heard the cautious hopefulness in their voices during our prenatal visits that this pregnancy would produce a healthy baby. Not another loss, not another motherless family. We attempted to comfort one of our hosts, a brave and strong woman, as she struggled with the loss of a good friend and continued to watch as many women, infants, and children in her village die of easily preventable conditions and diseases. We saw malnourished children looking ahead to lives that seem to be impossibly difficult and without many options. We also saw successes - those who struggled and broke the mold, broke the cycle...given only a chance and finding deep within themselves the determination and the strength to never give up.

We experienced horrifying pick-up truck rides up the side of a volcano and bone-chilling bus rides back down, a tuk-tuk ride that felt like a roller coaster, a sunlit mountain pass 9000 feet high with clouds in the valleys below, and a calm and peaceful boat ride across an ancient and bottomless lake. We stood in awe and watched as lava spewed from nearby El Fuego and were reassured by abuela, "don't be scared, it is small...and the lava always goes down the other side of the mountain." We witnessed ageless celebrations and walked respectfully through carefully tended and beautifully decorated cemeteries. We saw amazing colors, heard beautiful stories, and watched incredible feats of kite-flying will and skill, as the people of today attempted to cross that blurred line and communicate with their people and loved ones in the next life.

We spent time with people passionately dedicated to helping the women and children of Guatemala. We also met people working to save the lives of Guatemala's abandoned and neglected animals. We felt the palpable belief that all

OFF THE MAP: Laura Mabry (CNEP Class 45) befriends children in the village of Ocuca, an hour south of Antigua. We were invited into the homes of pregnant women by agency Yamos Adelante.

▼ Departments
2009 Alumni Events



Alumni enjoy dinner at Wendover during the 2008 Alumni Weekend

May 9-10 - Annual Alumni Homecoming Hyden, Kentucky

Make plans to join fellow alumni, former Couriers of the Frontier Nursing Service, faculty and staff in this fun filled weekend in Hyden, Kentucky. May is a beautiful time of year to visit eastern Kentucky and enjoy the mountains and outdoors.

Alumni will all stay in Haggin Dormitory and be treated to delicious meals and trips down memory lane. Tours of the campus, the old outpost clinics, Wendover, Mary Breckinridge Hospital and Hyden are all included in the weekend events. A morning elk hunt and more fun activities will also be enjoyed!

Reservations are required so please make your arrangements today! To reserve your place at the 2009 Alumni Weekend, please call or email the Office of Alumni Relations at 859-253-3637 ext. 5020 or alumniservices@frontierschool.edu.

May 25 - Frontier Alumni Reception at the 54th American College of Nurse-Midwifery (ACNM) Annual Meeting and Exhibit, Seattle, Washington

Be sure to join us for this well attended annual event. The Alumni Association proudly hosts this event each year where over 100 nurse-midwifery graduates gather to reminisce and share news of their current practice.

June 18 - Frontier Alumni Reception at the American Academy of Nurse Practitioners 24th National Conference - Gaylord Bryland Resort and Convention Center - Nashville, Tennessee

This annual event sponsored by the Alumni Association is a great way for our nurse practitioner graduates to reconnect. With the growing number of nurse practitioner graduates, this event gets better every year!

October 17 - Frontier Annual Commencement Ceremony - Hyden, Kentucky

Commencement in Hyden is always a memorable event for all who attend. The traditions, fellowship and celebratory nature of the event make it a great way to remember your alma mater in a special way. We are always thrilled to have alumni in attendance to wish the new graduates well!

FSMFN Reunion Program - The Office of Alumni Relations can help you to plan a reunion on or off campus. Please visit the alumni website to learn more about this service.

The following people attending the 1968 FSMFN class reunion in Williamsburg, VA, L-R: Carolyn Coolidge Godfrey, Ella Mae Joyce Weichmann, Victoria Strobl, Wilena Blau Hamilton, Victoria Strold Mackay, Joyce Weichmann




The Frontier graduates of April 1968 are (L-R) Joyce Weichmann, Victoria Strobl, Dr. Wils, Edie Anderson, Pat Sarge, Wilena Blair, Carolyn Coolidge, Ella Mae Mitchell



BEYOND THE FRONTIER - SPRING 2009
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Beyond the
FRONTIER
SUMMER | 2010

Patient Protection & Affordable Care Act:
Implications for Nurse-Midwives & Nurse Practitioners




Plus...

One-on-One | Reaching Wide Neighborhoods: Haiti | Mobile Technology in Nursing Education



FRONTIER SCHOOL OF MIDWIFERY
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MOBILE TECHNOLOGY
in
Nursing Education



Billie Anne Gebb, MEd
Director of Library Services



Looking around, one can't help but notice the increasing use of mobile phones in today's society. According to the International Telecommunication Union, cell phone subscriptions will reach 5 billion worldwide sometime this year. It's also obvious that those mobile phones are being used for much more than making phone calls. Mobile users are texting, banking, reading, studying, and much more. Today's "smartphones," offering Internet connectivity and computing power in addition to phone service, make all those things possible. Healthcare is one of many areas that are increasingly using mobile technology. Personal Digital Assistants (PDAs) aren't new to the healthcare field. A study from last year found that 98% of the nurse practitioners surveyed felt that the PDA is a valuable tool for NPs in clinical practice. They believed that PDA use increases productivity, promotes patient safety, and supports decision making. Smartphones combine the technology of the PDA with the convenience of a mobile phone. Their ubiquity has simplified existing technologies and created many more possibilities for usage.

One pediatrician is using this technology to start a new practice model. Natalie Hodge, MD, has become known as the first "iPhone doctor." She sees patients in their homes with all the equipment she needs stored in the trunk of her car. She uses her iPhone and practice software that is available via a web

portal, eliminating the need for office staff to deal with paper records and phone calls. Others are using mobile technology more directly in healthcare. A doctor in Croatia fashioned a cradle for his iPhone and used a free app to deliver actual chest compressions. Adaptations are available to let the iPhone work as a stethoscope. While these are extreme examples, mobile applications that assist in healthcare proliferate. There are also many apps in the realm of consumer health, and of course, apps for students in healthcare fields.

FSMFN is on the forefront of this mobile technology. Since April 2008, clinical students at FSMFN have been required to use a mobile device in their clinical rotation. Using a program called Medatrx, students record their clinical experiences on their device and then upload the information via computer to their Regional Clinical Coordinators, eliminating the need to mail paper forms. Medatrx on the iPhone makes keeping track of patients and hours a breeze! It takes about fifteen seconds to enter a patient, which I can do while walking to the next patient room. The daily

Medatrx on the iPhone makes keeping track of patients and hours a breeze!

BEYOND THE FRONTIER
034

“ Everything from current drugs, herbals, and literature on peer reviewed treatments is available immediately. This is how to practice! ”

evals are a good way to stop with your preceptor and look at how you are doing. Even better are the monthly evals, a quick and easy, yet extremely helpful way to see your progress,” stated Melanie Caballero, CFNP, Bridge Class 55. Grant funds allowed the school to provide PDAs to the first two Clinical Bound groups that started this project. Federal grants also helped fund the purchase of software for students to use during clinical. Students use these programs, which include Epocrates Essentials, Essential Evidence Plus, DynaMed, and Natural Standard (see sidebar), to access relevant clinical information and support decision making at the point of care. David Skalka, CFNP, Class 01, loves the portability and accessibility of having these resources on a mobile device. “The software has been wonderful. There is no need to carry around books. Everything from current drugs, herbals and literature on peer reviewed treatments is available immediately. This is how to practice!”

Due to the success of these two projects, beginning with Fall Term 2010, new students will be required to have an iPod Touch or iPhone. FSMFN is not alone in making this technological requirement. The University of Missouri Journalism School has the same requirement. Abilene Christian University, in Texas, recently gave an incoming first year class, as well as faculty, their choice of an iPhone or iPod Touch. Students who are a part of that project remarked that they feel the project is preparing them for a future in the real world - where technology is used to its fullest capacity and not banned. The Ohio State Medical Center has a program very similar to FSMFN's. Students purchase an iPod Touch that comes pre-loaded with medical apps chosen by the school. Podcasts of lectures and review quizzes are available for students to use at their leisure.

Mobile technology is sure to change quickly. A majority of NPs surveyed predicted that the PDA would change their practice within the next 5 years by creating easier patient tracking, paperless charting, and electronic prescribing. The upcoming widespread implementation of Electronic Health Records will surely be facilitated by handheld computers and mobile technology. MobileHealthNews reported in January that twelve EMRs already offer iPhone apps. “The technology is also changing education in that students want and expect quicker access to information. Therefore it is important for both clinicians and educators to keep up with the latest developments in this field. Future plans for FSMFN include continuation of current mobile technology projects as well as development of new ones. The School hopes to develop a Frontier app that would give current and prospective students, alumni, and friends quick access to institutional information, digital images, academic resources, courses, and more. FSMFN strives to be a leader in this area to ensure that its students are able to practice with the most recent information and technology, supporting its mission of preparing competent nurse-midwives and nurse practitioners.”




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Reaching Wide Neighborhoods: Haiti

The mission of the Frontier School of Midwifery and Family Nursing (FSMFN) is to provide a high quality education that prepares nurses to become competent, entrepreneurial, ethical and compassionate nurse-midwives and nurse practitioners who will provide primary care for women and families residing in all areas with a focus on rural and medically underserved populations. This mission is accomplished by graduating nearly 3,000 nurse-midwives and nurse practitioners that have practiced in all fifty states and across the globe. Currently FSMFN has nearly 900 students representing all fifty states and several foreign countries. Of the just over 1,000 students served in 2009, 65% reside in federally designated rural counties, and 63% in health professional shortage areas. On a daily basis, we read about the great work that Frontier graduates are accomplishing – running rural mobile clinics, opening new birth centers, providing culturally competent care to the Amish, assisting inner-city low-income moms throughout their pregnancies, and the list goes on and on. The total impact of Frontier graduates is immeasurable and the work will continue and multiply as FSMFN grows.

Nadene Brunk was one such student. Nadene completed her nurse-midwifery training as a member of CNEP Class 8, graduating in 1996. She has worked as a Certified Nurse-Midwife in Virginia since that time. After traveling to Haiti with a medical team in 2003, Nadene began thinking of a way to make a difference for women and babies in that part of the world. Nadene witnessed firsthand the dreadful maternal health care available and the lack of trained birth attendants and resources for safe pregnancies and safe deliveries. She learned that 26% of women in Haiti do not have a skilled attendant at birth and even fewer receive adequate prenatal care. The chances of dying from childbirth in Haiti were estimated by the World Health Organization as 1 in 17, mostly due to pregnancy-induced-hypertension, eclampsia, sepsis, and postpartum hemorrhage. In the neighboring Dominican Republic the risk is 1 in 230 and in the United States 1 in 4800—making Haiti the most dangerous place in the western hemisphere to give birth. She felt that starting anywhere, or doing anything, would be better than nothing.

When explaining the location of Frontier, Mary Breckinridge famously stated that "if the work I had in mind could be done there, it could be duplicated anywhere else in the United States with less effort." She wanted all who witnessed the work of Frontier, and all who came and studied with Frontier to believe they could replicate the model in any location. The mission of FSMFN and the vision of Mary Breckinridge continue to be instilled in every student that attends Frontier Bound. "No one comes to Frontier by accident," states Kitty Ernst, Mary Breckinridge Chair of Midwifery, and each student leaves with a clear understanding of their role as a Frontier nurse practitioner or nurse-midwife.

“...if the work I had in mind could be done there, it could be duplicated anywhere else in the United States with less effort.”

Nadene continued to travel to Haiti to develop partnerships with hospitals, obstetricians, other non-governmental organizations and develop a plan for helping. Nadene embodied the philosophy of care passed on by Frontier – to care for the mother and baby – which leads to care for the entire family, the neighborhood, the community, the region, the country, and the world. Starting by improving care for the mothers and babies would have far reaching impact for all the people of Haiti. Her discussions, research and experiences led her to a plan to recruit volunteer American midwives to travel to Haiti for short (1-2 week) volunteer trips; providing prenatal care to the Haitian women. She felt that if they could organize volunteers to be on site

Climbing THE SUMMIT

The FSMFN Doctor of Nursing Practice (DNP)



Joey Kneetrick, PhD, CNP, FAANP
Coordinator of Graduate Education

The DNP program has been growing! Nine students joined FSMFN in 2008 to form DNP Class One. All of these students have graduated, adding nine Doctors of Nursing Practice to advanced nursing practice and midwifery. Since then, FSMFN has admitted three more classes of DNP students for a total of sixty students. DNP Class Two students are in their final courses and working hard to finish their DNP projects. Classes Three and Four are diligently working through the didactic courses. We are proud of the accomplishments of all of the DNP students. The Capstone Projects being pursued by DNP candidates will undoubtedly make an impact on the healthcare practices and systems throughout the country and the world. One graduate at a time will go forth to make their impact in healthcare. Here is just a glimpse into the wonderful work being carried out by these talented providers.

DNP Class One

Mary Jordan, DNP, FNP came to FSMFN in DNP Class One from University of Missouri – Columbia and has an MSN from Old Dominion University. She has had a long career in the Indiana Veterans Administration (VA). Jordan was selected to be a Geriatric Scholar through the VAS Geriatric Research Education



Jordan presents her research findings at the Veterans Administration Conference in New Orleans.

DNP Class Two

FSMFN faculty member, Tia Andrighetti DNP, CNM, is a member of DNP Class Two. Andrighetti is a graduate of The Pennsylvania State University with a Bachelor of Science in Nursing (BSN), Frontier School of Midwifery and Family Nursing with a certificate in midwifery, and Case Western Reserve University with a Master of Science in Nursing (MSN). Andrighetti is a member of Sigma Theta Tau International Honor Society of Nursing. As part of her DNP project, Andrighetti has developed high fidelity shoulder dystocia and postpartum hemorrhage simulations during Clinical Bound. She presented her capstone project on the simulations at the American College of Nurse-Midwives (ACNM) annual meeting in June 2010 in Washington, DC. In addition, Andrighetti has been working with Concord Hospital to develop shoulder dystocia



Departments ▾

Alumni Association

Jean Kerfoot Fee (1959) Receives "Distinguished Service to Alma Mater" Award!



During the 2009 Commencement ceremony on October 24th, Kitty Ernst, Honorary Chair of the Alumni Association and Mary Breckinridge Chair of Midwifery, presented the Distinguished Service to Alma Mater award to Jean Kerfoot Fee. Mrs. Fee, a native of Canada, graduated from Frontier in 1959 and continues to work as a nurse practitioner serving the health care needs of her community in southeastern Kentucky. Her service to rural Appalachian families epitomizes the mission and vision of Mary Breckinridge. Mrs. Fee inspires every student that comes to Frontier when she tells the story of the Frontier nurses during Frontier Bound orientation. She volunteers her time to attend each and every Bound to ensure that every student understands the history and commitment of the Frontier nurses. Because of her dedication to her community and her dedication to the current and future students of Frontier, Mrs. Fee was awarded the first "Distinguished Service to Alma Mater" award. This award will be presented annually during the commencement ceremonies.

Upon accepting her award, Mrs. Fee said words of congratulations on behalf of her class, which is celebrating its 50 year reunion. She has remained in touch with her classmates through the years and she reported on their careers and current lives. It was a joy to know the difference that each member of her class has made in all corners of the globe, and to hear that they remain close friends to this day.




Jean Fee, '59, recipient of the "Distinguished Service to Alma Mater" award, pictured with Denise Barrett, Director of Development and Alumni Relations and Dr. Julie Marfell, Chair of the Department of Family Nursing.

ATTENTION!

all Student Nurse-Midwives!

Would you like to have your work featured on the ACNM YouTube channel and win free admission to the 2012 ACNM Annual Meeting?



Create a 1-4 minute video and submit by March 31st

This is your chance to share your story and show everyone your passion for midwifery. Just for submitting an entry, Frontier will feature your video on our Facebook, Twitter, YouTube and Portal pages.

Contact Brittney.Edwards@frontierschool.edu for details or find all guidelines at www.midwife.org/video_contest.cfm



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- Travel to historic Hyden, KY for three brief required campus visits:
 - **Bridge Bound** – Four day orientation to school
 - **Crossing the Bridge** – Four day orientation to clinical specialty courses and capstone to the Bridge year
 - **Clinical Bound** – Eight days of on-campus clinical training

Why do students choose Frontier?

- **Distance Education** – opportunity to remain in home community while completing coursework and clinical studies
- **History and Mission** – over 70 years of experience in graduate nursing education, first family nurse practitioner program and largest nurse-midwifery program in the US
- **Community** – supportive faculty and interactive learning experiences
- **Experience** – over 3000 graduates from all fifty states and several countries
- **Leadership** – ranked by US News & World Report in the top 50 graduate schools of nursing and top 15 for nurse-midwifery and nurse practitioner programs



For more information, contact:
Trish Voss, DNP, CNM,
Director, ADN to MSN Bridge Program
(406) 390-0084 • Trish.Voss@frontierschooledu

Apply Online at
WWW.FRONTIERSCHOOLEDU
or call 606.672.2312



The Doctor of Nursing Practice (DNP) is the highest degree for clinical nursing practice. The FSMFN DNP program is designed as a post-master's degree program for Nurse-Midwives and Nurse Practitioners who want to improve their skills in the areas of leadership, clinical scholarship, evidence-based practice and clinical evaluation.

Through Frontier's DNP program, you will enrich your current practice and leadership skills, which will enable you to improve practice and patient outcomes, use leadership skills to strengthen practice and health care delivery and serve as clinical faculty. The ultimate goal of the program is to improve the health care and health status of populations with a focus on rural and underserved communities.

Program Features

- Small cohort of 18-25 students
- Distance education setting
- 33 credits at the doctoral level
- Complete your DNP in 15 months full-time study
- Federal funds available for up to 85% tuition reimbursement for nurse-educators
- Focuses on practicing CNMs and NPs
- Two on-campus experiences
- Capstone Project is an evidenced-based analysis and synthesis of a selected health care issue that will contribute to the improvement of a health care practice or system
- Advisement and mentoring from faculty who are expert practitioners, leaders and scholars in their fields

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- **Experience** – over 3000 graduates from all fifty states and several countries
- **Leadership** – ranked by US News & World Report in the top 50 graduate schools of nursing and top 15 for nurse-midwifery and nurse practitioner programs
- **Financial support** – for candidates interested in reimbursement for current or future nurse educator role

For more information, contact:
Dr. Barbara Anderson, DPh, CNM, FACNM, FAAN,
Director, DNP Program
(206) 708-4995 • Barbara.Anderson@frontierschooledu

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Save THE **DATE!**

Diversity Impact Event
June 9-11, 2011 • FSMFN Campus • Hyden, KY



“Empowering Nurses to Create Change”

More details coming soon!



- ✓ Courses offered online
- ✓ Competitive tuition
- ✓ Financial aid available

Become a Nurse-Midwife or Nurse Practitioner!

Complete your coursework **online** and clinical practicum in your own community

- EDUCATIONAL OFFERINGS:**
- MSN Nurse-Midwifery (CNM)
 - MSN Family Nurse Practitioner (FNP)
 - MSN Women's Health Care Nurse Practitioner (WHCNP)
 - Doctor of Nursing Practice (DNP)
 - ADN-MSN Bridge Option
 - Post-Master's Certificates

To learn more about Frontier and its unique programs, visit www.frontierschool.edu/diverse





At the close of another year we gratefully pause to wish you a warm and happy holiday season. Best wishes for peace and hope throughout the New Year.

Sincerely,
Susan E. Stone
Susan E. Stone, DNSc, CNM, FACNM
 PRESIDENT AND DEAN

Pictured on front: Mardi Cottage on the Frontier School of Midwifery and Family Nursing campus in Hyden, KY

As the Frontier Graduate School of Midwifery continued to increase its student population in its early years, a house was needed to provide accommodations during the six month course for graduate nurses. This building was built with funds from New England Courier, Mardi Perry. Mrs. Breckinridge recorded in her book, *Wide Neighborhoods*, "... Mardi Cottage (Midwives Quarters) held its housewarming on the day we learned of Pearl Harbor". While some lodging still exists today in Mardi Cottage, its primary function is to serve as a clinical learning laboratory and classroom to our Frontier School students.

WWW.FRONTIERSCHOOL.EDU



Why Frontier?

Although Frontier offers distance education, the classes promote frequent student interaction and truly foster friendships. I enjoyed the connections I made with students and professors from around our country and world.

Everything from the coursework to the clinical training prepares us for all birth settings. Our professors teach us through example and encourage us to start our own out-of-hospital practices as future nurse-midwives!

Become a Nurse-Midwife
 Contact Frontier Today

Jamie Kitchel,
 CNM, MSN
 Frontier Graduate

PROGRAMS OFFERED:

- MSN Nurse-Midwifery • MSN Family Nurse Practitioner
- MSN Women's Health Care Nurse Practitioner
- Doctor of Nursing Practice • Post-Master's Certificates
- ADN-MSN Bridge Option

FRONTIER SCHOOL
 OF MIDWIFERY AND FAMILY NURSING.
 Find out more at www.frontierschool.edu/MTweb

You want to be a part of *her* story...

We want you to be a part of *ours!*

Become a Nurse-Midwife

The Frontier School is the birthplace of Nurse-Midwifery in America. We offer a community-based distance education program where you:

- ✓ visit our historic campus for an in-depth orientation
- ✓ engage in your course work online
- ✓ return to campus for a skills intensive
- ✓ complete the clinical practicum in your home community

We offer entry into our nurse-midwifery program for RNs with:

- Associate Degree in Nursing
- Bachelor of Science in Nursing
- Bachelor's degree in another field

FRONTIER SCHOOL
 OF MIDWIFERY AND FAMILY NURSING.
 Find out more at www.frontierschool.edu/MTweb



BECOME A NURSE-MIDWIFE

“I am so blessed to be a part of Frontier’s program and to be surrounded by so many empowering women who have a passion for midwifery.”

- Jessica Costa, Student Nurse-Midwife

Enter our MSN nurse-midwifery program as an RN with:

- Associate Degree in Nursing
- Bachelor of Science in Nursing
- Bachelor’s Degree in another field

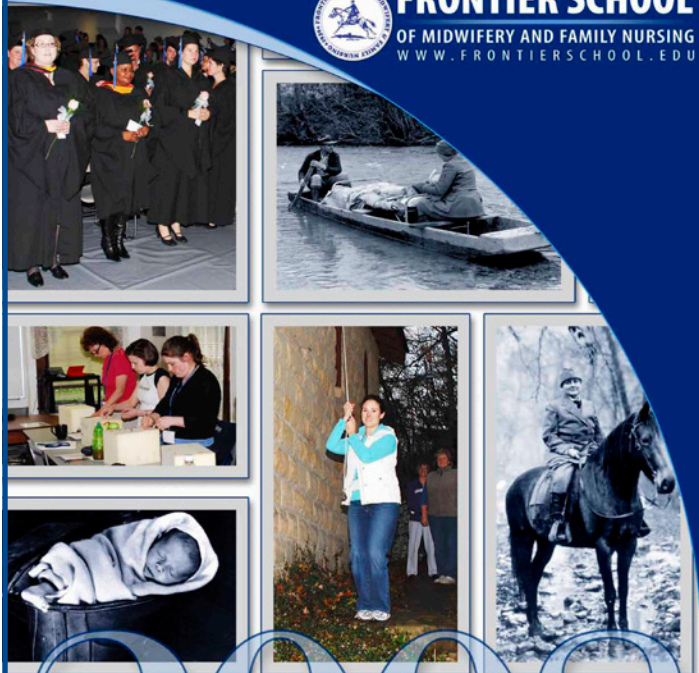


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OFFER EXPIRES AUGUST 31, 2011



2008 PRESIDENT'S ANNUAL REPORT



- N701 Applied Biostatistics and Epidemiology
- N702 Evidence Based Practice I
- N703 Evidence Based Practice II
- N704 Leadership and Organizational Theory
- N706 Evidence Based Practice and Information Technology
- N707 The Nurse as Educator
- N711 Clinical Practicum
- N712 Clinical Practicum
- N720 Capstone Project

Nursing Practice position. Dr. Cynthia Morgan, DNP, CNM has been appointed as the DNP Program Director effective March 3, 2009. Currently Dr. Cindy Morgan, Dr. Joyce Knestrick, Dr. Cara Osborne and Dr. Deborah Karsnitz are teaching courses in the DNP Program.

The first class of DNP students is scheduled to graduate in December 2009. We are very proud to be offering this high quality program. We feel certain that the graduates of the DNP Program will make an impact by improving the health care system while providing excellent care to deserving families.

FSMFN TECHNOLOGY REPORT 2008

There have been many excellent strides in new technology projects during 2008. A major endeavor was the implementation of the ANGEL Learning Management System (LMS) which changed the way our courses were delivered to students. During Fall 2007, nine courses were piloted in the ANGEL LMS system with excellent results. In January of 2008, all remaining courses were delivered using the ANGEL LMS. The transition was difficult initially, as all major changes are, but everyone worked together to iron out the wrinkles and success was achieved. Faculty and students are now enjoying the capabilities that ANGEL LMS offers. One important feature is online testing. As of summer 2008, all course exams were being delivered using the ANGEL LMS Online testing system. This is a great convenience for students who could now take the exams in their homes without traveling to a proctor.

Other benefits that have been achieved using ANGEL LMS include:

- Faculty are now able to store all graded entries in a centralized location allowing both faculty and students to easily view their course progress at any time. This is a great improvement over the prior system where grades were kept

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Nurse-Practitioners and the annual meeting of the American Association of Birthing Centers. In August 2008, a new electronic newsletter for Alumni was launched.

The Pioneer Project is an oral history project which began in 2006 to collect the stories of alumni that graduated between 1939 and 1989. The project continues and students have now completed 63 interviews. Students taking NM6501, The Role of Midwifery & Birth Centers in America, conducted the interviews of the Pioneers for an assignment and submitted the information and an essay to the Alumni Relations office. The stories, memories and photos that we have collected through this project are simply amazing! We plan to continue collecting this oral history throughout 2009 – there are more than 40 Pioneers awaiting their interview. We hope to eventually publish a book of these stories.

In 2008, an Alumni Council was established. The purpose of the council is to help shape the services and programs offered by the FSMFN Alumni Association. Thank you to the following alumni that are currently serving as officers of the Alumni Council: Kitty Ernst – Honorary Alumni Association Chair, Brooke Flinders (CNEP Class 39) – President, Tia Andrighetti (CNEP Class 9) – Vice-President, Cathi Duggan (CNEP Class 39) – Secretary. Officers met monthly via conference call beginning May 2008. Accomplishments for the year included writing the Alumni Handbook. This document was written, approved and sent to all graduates. The Council plans to form committees that will work with the Office of Alumni Relations to fundraise, plan events, and recruit volunteers. Anyone interested in learning more about serving on the Alumni Council may contact Brooke Flinders at Brooke.Flinders@frontierschool.edu.

ALUMNI REUNION 2008

In April 19th the Board of Governors, alumni of Frontier School, faculty, staff and community members gathered at Mary Breckinridge Hospital to dedicate the “For Mother and

PICTURED LEFT TO RIGHT: Kitty Ernst, Susan Stone, Jacquie Chapman, Linda Bell, Darlene Ledwen, Alice Herman, Edie Anderson, Joyce Weichmann

Child” sculpture. The dedication was part of a very special celebration of the Pioneer Alumni Weekend at the Frontier School of Midwifery and Family Nursing in Leslie County, Kentucky.

The sculpture serves to memorialize, through art, the history of the Frontier students that established and sustained the extraordinary demonstration of nursing and midwifery practice at the Frontier Nursing Service. Throughout 2007, Kitty Ernst, Mary Beckinridge Chair of Midwifery, led the alumni association in a campaign to purchase, transport, and mount the statue at Mary Breckinridge Hospital. We want to extend our thanks to all the alumni that contributed to the sculpture!

Susan Stone, President and Dean of the Frontier School of Midwifery

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and one is enrolled in the Doctor of Nursing Practice program.

There were six CNP graduates who returned to complete a second program option. Of these, one was enrolled in the WHCNP post-masters certificate track, three were enrolled in the CNP post-masters certificate track and two were enrolled in the Doctor of Nursing Practice program.

FACULTY REPORT

Along with the student body, the faculty continues to grow and currently totals 33 nurse-midwives and nurse practitioners for a total of 44.5 FTEs. The faculty includes one President and Dean, one Mary Breckinridge Chair of Midwifery, two Department Chairs, two Program Directors, one Clinical Director, one Coordinator of Graduate Education, ten Course Coordinators, eleven Course Faculty, six Regional Clinical Coordinators (RCC), four Course Faculty/RCC, three RCC/Teaching Associates, two Teaching Associates, and one Librarian. In addition, there are seven FNPs and three CNMs who work primarily in the Faculty Practice and as Teaching Associates during Clinical Bound. Although the total number of faculty has not changed significantly, there has been a shifting of faculty from the faculty practice to the academic faculty. The Faculty Practice decreased by three FNP and one CNM when comparing 2008 to 2007.

A total of ten new persons joined our faculty during 2008. Rebecca Gilbertson, DNSC, CNM, FNP from Wisconsin joined as Course Faculty in January 2008. Joyce Knestrick, PhD, FNP of Pennsylvania joined as DNP Program Director and will be changing to Coordinator of Graduate Education in 2009. Karen Robinson, MSN, CNM from Michigan joined as Course Faculty member in the Department of Midwifery and Women's Health. Sarah Smith, MS, CNM of Tennessee and Melissa Wilson, MSN, CNM, FNP of Idaho joined the Regional Clinical Coordinator staff. Rachel Carlton, DNP, FNP of Tennessee joined as Course Faculty in the Department of Family Nursing working with the Bridge

students, and Betty Holcomb, PhD, FNP of Kentucky joined as Course Faculty also in the Department of Family Nursing. For the Faculty Practice we added Susan Stapleton, MSN, CNM as the Director of Midwifery, Nancy Hinesly, CNM joined Susan and Krissey Marcum, CNM as the core group of nurse-midwives practicing at Mary Breckinridge Hospital. Laura Mann's James, MSN, CNM moved from the Faculty Practice to a full time position as Course Faculty in the Department of Midwifery and Women's Health. Dorita Mullins, MSN, FNP joined the Faculty Practice and is primarily providing care at the Anne Wesson Clinic in Hyden.

The faculty have accomplished outstanding work this year. The group came together in a series of conference calls to establish a meaningful quality enhancement plan. You can read about this plan later in this report "The Quality Enhancement Plan: Developing our Community of Inquiry". The faculty also leaped in feet first to add technology enhancements to our curriculum in order to meet the many learning style needs of our students. Using web cams, guest speakers, videos, podcasts the faculty enriched the curriculum. They also worked very hard at adding simulations to the Clinical Bound experience. They have been very creative in developing activities designed to encourage students to learn with faculty and each other while discovering learning at a deeper level.

Congratulations are in order to the following faculty members who completed their doctoral studies this year including: Deborah Karnitz, DNP, CNM who graduated with a DNP from the University of Kentucky, Tyke Hanisch, DNP, FNP, who graduated from Arizona State University, and Donna Gill, DNP, FNP who graduated from University of Tennessee-Memphis. We are also proud of the ten faculty members who continue to fulfill their faculty responsibilities while pursuing their doctoral studies. These include Heidi Froemke, MS, CNM, FNP; Aggie Hoeger, MSN, CNM; Tonya Nicholson, MSN, CNM; Susan Stapleton, MSN, CNM; Kathryn Osborne, MSN, CNM; Laura Hollywood, MSN, CNM, FNP, WHCNP; Nena Harris, MSN, CNM, FNP; Karen Robinson, MSN, CNM; Rachel Carlton, MSN, FNP and Nora Webster, MS, CNM.

P.R.I.D.E.

Promoting Recruitment and Retention to Increase Diversity in Nurse-Midwifery and Nurse Practitioner Education



WHAT... is PRIDE?

The PRIDE program is a program designed to promote diversity in nursing by recruiting and retaining underrepresented students with the goal of becoming nurse-midwives or nurse practitioners.

WHY... BECOME A PRIDE PARTNER?

Help your students succeed in pursuing advanced practice education and watch as they impact the future of nursing. As a PRIDE Partner, provide your students with financial savings, educational and networking opportunities, and a seamless transition to advanced practice education.

- Waiver of FSMFN application fee
- Access to monthly webinars featuring topics relevant to successfully completing a graduate level program of study
- An online Academic Resource Center (ARC) which provides resources related to time management, test preparation, study skills and more
- Retention activities including annual on-campus Diversity Impact Weekend
- Assistance in locating facilities for clinical practicum
- A PRIDE program coordinator available for students to consult as needed

Join Frontier as a PRIDE Partner and let us change the future of nursing education together! For more information, please contact:

Stephanie Boyd,
Director of Recruitment and Retention
Stephanie.Boyd@frontierschool.edu
502.220.4444

Kimberly Trammell,
PRIDE Program Coordinator
Kimberly.Trammell@frontierschool.edu
859.253.3637 ext 5009

Visit <http://www.frontierschool.edu/PrideProgram>



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WHAT... is PRIDE?

The PRIDE program is a program designed to promote diversity in nursing by recruiting and retaining underrepresented students with the goal of becoming nurse-midwives or nurse practitioners. Institutions and organizations around the country will partner with FSMFN in an effort to increase the number of underrepresented students in nursing.

WHY... BECOME A PRIDE STUDENT AT FRONTIER?

The FSMFN meets the needs of prospective nurse-midwives and nurse practitioners that are not able to leave their home communities to obtain the graduate education they desire to fulfill their professional dreams. Students who participate in the PRIDE program will have the opportunity to seamlessly transition to advanced nursing education from PRIDE partner institutions. PRIDE students will receive support services to ensure successful completion of their program of study.



Support services include:

- Waiver of FSMFN application fee
- Access to monthly webinars featuring topics relevant to successfully completing a graduate level program of study
- An online Academic Resource Center (ARC) which provides resources related to time management, test preparation, study skills and more
- Retention activities including annual on-campus Diversity Impact Weekend
- Assistance in locating facilities for clinical practicum
- A PRIDE program coordinator available for students to consult as needed

Are you ready to fulfill your dream of becoming a nurse-midwife or nurse practitioner?

Stephanie Boyd
Stephanie.Boyd@frontierschool.edu
502.220.4444

Kimberly Trammell
Kimberly.Trammell@frontierschool.edu
859.253.3637 ext. 5009

Visit <http://www.frontierschool.edu/PrideProgram>

EDUCATIONAL OFFERINGS:

Master of Science in Nursing (MSN)

- Nurse-Midwifery (CNM)
- Family Nurse Practitioner (FNP)
- Women's Health Care Nurse Practitioner (WHCNP)

Doctor of Nursing Practice (DNP)

Post-Master's Certificates

ADN-MSN Bridge Option

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195 school street • hyden, ky 41749 • phone: 606.672.2312 • fax: 606.672.3776